



ANNUAL REPORT

2023-24



NAI PAHAL TRUST

"Putting a step forward towards empowerment"

From the Desk of founder:

Nai Pahal, over the years has been working towards Skill Development, Women Empowerment, Education, Health and Hygiene, Environmental Challenges, Mother and Child Care, Legal and Human Rights, Micro Finance, Capacity building of youths and women and Community Based Issues and wellbeing of 'the underserved and marginalized individuals and communities. In the year, 2023-24, *Nai Pahal* has been concentrated towards its development initiatives, organizational growth and Holistic Development of the Society. In the mentioned year, we have extended our support to the community and enrolled more than 580 adult, youths and adolescent at our center.

With our committed services and professional approach of managing our current functional centers, we have delivered several community based services i.e. conducting need base research, collecting data, organize community meeting, raised community voices at local forums, as area Counselor, MLA and other public representatives in the area of North East District of Delhi and NCR.

While I present Annual Report for 2023-2024, I take the opportunity to THANK all our Donors, Partners, Government stakeholders, NGO networks and colleagues and those who have availed our services for uplifting their life and for being part of this journey which has been truly enriching and satisfying one.

Nai Pahal continues to remain a 'developing organization' by keeping itself on the ground and continuously listening to the voices of women, youths, adolescent, children, Vulnerable community members and trying to do justice to their rights.

With a young and committed team, *Nai Pahal* will keep doing quality works with synergetic efforts of community and supporters. For us the journey has just begun and we welcome all on this mission.

Dr. Manohar Lal Rana
Founder President
Nai Pahal

About the Organization:

Nai Pahal was founded by young professionals of social and development fields, in the year 2010 with a sole objective of Holistic Development of Society. It is a registered national level Non- Governmental Organization under the Indian Trust Registration act 1882. It is neither profit making nor political in nature.

Nai Pahalis a developmental organization of national repute believes in humanitarian development and facilitating community development initiatives since 2010. Our strategy is to empower the vulnerable sections of the society by building their capacities through Education, Skill Based Training, apprenticeship, right based workshop, exposure visit, field visit and market visits to enhance the capacity and skills of youths and girls and women. We are working for the cause of human development focusing on the less privileged sections of the society in the rural and urban areas of the country. The organization primarily focuses on the issues related to Health and Hygiene, Skill development and Education, Micro Finance and Livelihood, Women and youth Empowerment, Mother and Child Care, Gender Balance, community based issues and Environment Protection.

Nai Pahal is one of the fastest emerging organizations in the area of Development. Its aim is to render suitable services to the poor and vulnerable persons of the Walled City areas of Delhi/NCR and its surroundings.

MISSION

We endeavor to provide the less-privileged children, women and youth education, knowledge, skills, values and facilities that will enable them to compete in the mainstream environment and live with dignity in the society.

VISION

We envision contributing significantly towards quality education, healthcare and livelihood facilities to the socially and economically disadvantaged people.

OBJECTIVES OF THE ORGANIZATION

- To provide better health facilities.

- To create awareness among the community on personal health & hygiene and water & sanitation.
- To provide better education facilities for weaker section of the community.
- To create awareness among the community on Child Protection, women empowerment and community based issues.
- To develop the skills of adolescent & women through various skill development training programs.
- To educate community for their legal rights.
- To sensitize the community about the local issues.
- To make people self-reliant and self-sufficient.

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INTERVENTIONS

- Education
- Skill Development
- Women Empowerment
- Social development
- Health & Hygiene and Water & Sanitation
- Environmental Challenges

- Mother and Child Care
- Micro finance and Livelihood Generation

Education-An initiative towards making empower the youths

Nai Pahal believes in mainstream education because it provides a way for success and makes the people capable to learn about the world, earn their livelihood and turn to next step to make their life happy. They could contribute to their family and society too in a better manner. Therefore, Nai Pahal always encourages all students and their family members to get high education. Nai Pahal conducts field survey and runs campaign for "School Chalo" for children. Nai Pahal does complete the formality for getting admission in school so that poor and helpless children could attend the mainstream school because government gives them this right to go to school. Over the years, youths, especially women are keen interested for getting higher education and enhance their technical skill for getting a job or starting a home based business. Youths are learning different personal and professional skills through Nai Pahal initiative.



School Chalo Campaign

Skill Development-An initiative for skilling India

Nai Pahal believes in skill. Therefore, it is running many communities based training centre where youths and women can learn computer education, cutting & tailoring, dress designing, craft making, beauty-culture and Mehandi to make the girls and women empower. India is facing very big challenge because there is a big gap between demand and supply of jobs. Thousand of youths are unemployed in the county. It has become a serious issue in country. Therefore, Nai Pahal decided to be part of skilling India so that it can trend the youths in different technical as well as soft skills which will be very helpful to youths and women to start their home based business or get a job. Nai Pahal not only is focusing to enhance their technical skills but also improving their soft skills so that they could compete in market.

Nai Pahal emphasizes both on soft and technical skill to develop their personality. Therefore, it is providing different session on personality development, communication, retail marketing, spoken English and social issues to make them aware about the social and national issues.

Nai Pahal also provides possible support to skilled trainees and gives them chance to develop their skill by teaching the other trainees. It makes possible arrangement to place the trend trainees in local NGOs, institution, shops, beauty-parlor, restaurant and other relevant institutions.

Nai Pahal encourages all to avail the facility of scholarship which is given by different governmental as well as non-governmental institutions. Government is providing many scholarships for Minorities, SC, ST& OBC students. But people don't know about most of scholarships because of lack of education. Therefore, Nai Pahal took an initiative to make them aware about the facilities and scholarships which are given by different institutions so that they could go ahead by taking the benefits of existing policies, programmes, schemes, scholarships and others.



Bridal Making Training



Sharing experiences and success story with other girls



Certificate Distribution Programme

Youth Empowerment

Youths are the future of country and need to give them right direction so that they could go ahead in their future. Nai Pahal addresses youth's issues and makes them capable through different workshop, training, exposure visits, and need based orientation so that they could develop and enhance their knowledge and skills according to needs. Nai Pahal takes parts in different event at different platform and encourages youth to be the part of those event and training. As Nai Pahal's youth take part in YES programme which is run by Delhi Police for empowering the youths in North East District, Delhi. Delhi police arranges the instructor for life skill and self defence training. Youths from Nai Pahal attend those training so that they could face any crises during any eve-teasing or others being a confident person.



Participating in YES programme at Shahadara Thana



Practicing Meditation during one week training



Session on girl rights



Session on Right of Vote



Participating in Youth Empowerment Seminar (YES)



Self defence demonstration in event



Attending self defence training

Women Empowerment

Women empowerment is the core objective of the organization because it believes that women are the key person in the family who make change the practice and attitude of other family members, especially children. Therefore, Nai Pahal has started a campaign to empower the girls and women who will work in family as well as community as change-makers. Over the years, many girls and women have been empowered who are actively working to improve their life style and skills and motivates others to be a part of this campaign.

Nai Pahal believes in holistic development of them so that they can face the social, economical and political challenges and overcome on all issues to change the life of themselves and others.

Nai Pahal is making aware about their legal and human rights, importance of education, power of right to information act, role of skill in their life, self-defence training, health and hygiene, issues of domestic violence, livelihood promotion, child rights, child abuse, gender equality and women empowerment, violence at work place, sexual harassment and Juvenile Justice Act etc. So that, they could develop their confidence and improve their knowledge what the very helpful and useful is for them being active change-makers in the community.



Session on women's rights



Session on gender equality/discrimination



Session on child abuse and violence against women

Legal Awareness Session

The Legal Awareness session is also being organized in this area. The reason behind this activity is there are huge domestic violence problem/issues in this area. Mostly, the breadwinner of the family is male who is very much indulge in drinking alcohol and other harmful activities and because of having alcohol it is very common beat the other family members especially his wife.

Nai Pahal has taken this initiative to conduct legal session so that the domestic violence activities can be minimized and the cases would be raised with appropriate authorities. Nai Pahal organizes legal awareness session, camp and counseling for helpless and needy girls and women on weekly basis through the legal experts/advocates and social activists. The need based issues discussed during the sessions



Training on domestic violence



Session on gender balance in family/society

Health and Hygiene Activities

The organization organizes health camps once in three months for the community women and children under primarily awareness session is being delivered by the doctors and other domain experts. The session includes awareness on seasonal diseases, hormonal changes occurs in adolescent and their results, tuberculosis and its symptoms, diarrhea, menstrual hygiene, prevention of HIV/AIDS, family planning, water and sanitation and preventive approaches from disease etc.



Training on menstrual hygiene by expert



Workshop on Menstrual Hygiene



Girls raising their question during workshop on HIV/AIDS

Important Day Celebration

Nai Pahal always celebrates women's day, human right day, girl child day, Independence Day, teacher's day, world AIDS day and so on. It organizes many cultural as well different competition activities for girls and women as drawing, mehandi, poster making on different themes, dance singing and poet reading competition. Advocate, activist, teachers, leaders and participants deliver the lecture on women' rights and current challenges in society so that the participants could be aware about the issues and challenges which are being faced by girls and women in society. The certificates and prizes are distributed among the participants and winners.



Celebration of National Girl Child Day

Republic Day Celebration



Lecture on the occasion of Republic Day



Reading poet



Lecture on human rights

Teacher's Day Celebration



Importance of Guru in life-sharing experiences



Sharing success story with girls

Other Activities

Exposure Visit:

To ensure a cordial relation between staff, management and beneficiaries an exposure visit is also being planned twice in a year. The purpose of this visit is to get familiar and share their success/challenges with one another and grooming of entire team with new energy and strategy. The glimpse of the visit is given below.



Visiting Nainital, Utrakhand



Visiting Chandigarh City

NGO Network

Nai Pahal is working with many reputed non-government organization in the north east district of Delhi to exchange the programme and utilizes their expertise to solve out the problem of community and believes collective approach for community development. The network meets on monthly basis to discuss their monthly plans and strategies. NaiPahal presents its programme on different platform on state as well as national level. Partners

NGOs are (Action India, PCI, Pardarsita, Basic Foundation, Chetanalaya, Asha Deep Foundation, Mobile Chreche, and Children Library).



Participating in Public Meeting "Jan Sunwai" with MLA & DCP



Addressing public at Public Meeting "Jan Sunwai"



NGO Partner meets



Rally on Awaj Uthao "Chupi Todo" Campaign



Rally on water and sanitation